



SPORT AND SPORT EDUCATION

PREAMBLE

Sport education includes the development of sport skills, an understanding of rules of various sports and an appreciation of codes of behaviour.

Sport can be defined as vigorous physical activity that, for the purposes of discovering the limits of one's capabilities, or for fun, amusement and diversion, involves competition against oneself or another, or a confrontation with natural elements.

(Definitions from – Physical and Sport Education for Victorian Schools 1993.)

RATIONALE

This Policy includes Interschool Sport and Intraschool Sport. Sport curriculum at the College has both compulsory and optional elements. Whilst some of the Purposes for the elements of Sport differ, there are common Purposes. A coherent Sport program will seek to maximise what is common and ensure delivery of an excellent program.

The aspects of Sport considered to be **Intraschool** sport in this policy are the school sporting carnivals, Swimming, Athletics and Cross Country, and competitive sport played between houses (preferably) or home groups as part of the lunch time activities program. It does not include any timetabled sporting classes.

1.0 PURPOSE

The College Sport program generally aims to:

- 1.1 promote an active and healthy life style
- 1.2 encourage students to participate in sport
- 1.3 provide leadership opportunities
- 1.4 encourage students to strive for excellence
- 1.5 assist students to develop self-confidence and cooperative skills
- 1.6 introduce students to a range of sporting activities
- 1.7 assist students to learn the rules and acquire and improve the skills of sports
- 1.8 enable students to participate in sporting competitions
- 1.9 provide enjoyment and a measure of success
- 1.10 develop good sporting behaviour including self control, discipline, cooperation, tolerance and respect for others
- 1.11 help students develop skills and interests for recreation
- 1.12 ensure College recognition for positive role models in participation and excellence
- 1.13 provide a forum for excellence for players and coaches
- 1.14 seek to develop a sense of pride amongst students as a result of their participation and performance

- 1.15 provide an avenue for the promotion of the College
- 1.16 forge links between the College and the community, including the sporting community

2.0 GUIDELINES

Where possible the Sport program should be delivered by trained staff. All staff should be given the opportunity to participate in PASE courses and relevant in-services.

2.1 Intraschool Sport

- 2.1.1 the program for Intraschool sport should be documented and published
- 2.1.2 the organisation of Intraschool sport should:
 - maximise student participation
 - provide leadership opportunities to students
 - provide a forum for excellence for players and coaches
 - seek to develop a sense of pride amongst students as a result of their participation and performance
 - ensure College recognition for positive role models in participation and performance

- 2.1.3 parent and community attendance and participation in Intraschool sport should be actively encouraged.
- 2.1.4 Intraschool sport should be resourced through the College's program budgets
- 2.1.5 as appropriate, community facilities, resources and expertise should be utilised

2.2 Interschool Sport

- 2.2.1 the program for Interschool sport should be documented and published
- 2.2.2 the organisation of Interschool sport should:
- provide for development of skills through a program of training and competitive experience
 - provide opportunity for students in all year levels to represent the College
 - provide a forum for excellence for players and coaches
 - seek to develop a sense of pride amongst students as a result of their participation and performance
 - ensure College recognition for positive role models in participation and excellence
- 2.2.3 parent and community attendance and participation in Interschool sport should be actively encouraged
- 2.2.4 Interschool sport should be resourced through the College's program budgets
- 2.2.5 as appropriate, community facilities, resources and expertise should be utilised
- 2.2.6 student achievement should be used to promote the College

3.0 IMPLEMENTATION

Sport and Sport Education will be organised in conjunction with the Health and PE KLA.

3.1 Intraschool Sport

- 3.1.1 the program for Intraschool sport will be documented and published
- 3.1.2 good practice to maximise student participation and parent involvement will be documented and implemented
- 3.1.3 the organisation will be based on a House system which will operate primarily for sporting and cultural events
- 3.1.4 House captains and Junior House captains shall be appointed after an application and interview process based on role descriptions.

- 3.1.5 all staff and students will be allocated to Houses.
- 3.1.6 the Athletics and Swimming Carnival and Cross Country run will be considered as whole school events and planning and organisation will reflect this

- 3.1.7 the student achievements will be recognised generally through:
- maintenance of records and times
 - presentation of medallions, ribbons, trophies and certificates
 - regular publicity through Newshamper
- 3.1.8 Sports Coordinator position of responsibility will include coordination of Intraschool Sport and a detailed role description will support this responsibility
- 3.1.9 documentation necessary to ensure provision of resources in the College's program budget will be completed annually

3.2 Interschool Sport

- 3.2.1 the program for Interschool sport will be documented and published
- 3.2.2 Sports Coordinator position of responsibility will include coordination of Interschool Sport and a detailed role description will support this responsibility
- 3.2.3 documentation necessary to ensure provision of resources in the College's program will be completed annually
- 3.2.4 good practice to maximise student participation and parent involvement will be documented and implemented
- 3.2.5 students representing the College will wear a College uniform
- 3.2.6 the student achievements will be recognised generally through:
- regular publicity in Newshamper
 - development and maintenance of a photographic record of successful teams/ individuals
- 3.2.7 student achievement will be used to promote the College

4.0 EVALUATION

- 4.1 The Sport and Sport Education policy will undergo cyclic minor and major evaluation.
- 4.2 Both minor and major evaluation will follow the evaluation procedures outlined in the College Evaluation Policy.